

# 2010 BAA Dan Grade Syllabus

### 1st Dan

Timescale: 1 year consistent practice as 1<sup>st</sup> Kyu.

Randori no Kata \* complete (17) Koryu dai San \* sections: A + B (16) Koryu dai Yon \* complete (25)

Previous syllabus as required at the discretion of examining panel.

Randori: a minimum of three bouts of hikitategeiko.

#### Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (5 atemi waza from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the 17 Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.

## 2<sup>nd</sup> Dan

Timescale: 2 years consistent practice as 1<sup>st</sup> Dan.

Koryu dai San \* sections: A + B + C + D (29)

Goshin ho section: Techniques from tegetana no kuzushi (8)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko.

#### Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (5 atemi waza from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the 17 Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.

### 3<sup>rd</sup> Dan

*Timescale: 3 years consistent practice as* 2<sup>nd</sup> *Dan.* 

Koryu dai San \* complete A + B + C + D + E + F (50)

Koryu dai Ichi complete (24)

Goshin ho section: Tekubi dori 1 (5)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko.

#### Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (using any technique from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.

## 4<sup>th</sup> Dan

*Timescale: 4 years consistent practice as 3<sup>rd</sup> Dan.* 

Koryu dai Ni complete (16)

Goshin ho Datotsushu no waza - against strikes, punches and kicks (6)

Tekubi dori 2 – against grips (18)

Previous syllabus as required (at the discretion of examining panel).

Randori: a minimum of three bouts of hikitategeiko (toshu & tanto)

or demonstration of an understanding of randori

or referee accreditation for candidates.

#### Requirement:

- One bout must demonstrate knowledge and application of kaeshi waza (using any technique from the Randori no Kata as counter techniques by tanto against toshu) in tanto hikitategeiko.
- One bout must demonstrate the use of combination techniques by toshu against tanto.
- The third bout must demonstrate a knowledge and application of the Randori no Kata in combination and as counter technique in the performance of toshu hikitategeiko.

## 5<sup>th</sup> Dan

*Timescale: 5 years consistent practice as 4<sup>th</sup> Dan.* 

Koryu dai Go complete (23) Goshin ho Dogi dori (10)

Previous syllabus as required (at the discretion of examining panel).

Randori: at the discretion of examining panel

or demonstration of an understanding of randori

or referee accreditation for candidates.

## 6<sup>th</sup> Dan

*Timescale:* 6 years consistent practice as 5<sup>th</sup> Dan.

Koryu dai Roku A + B + C (22)

Goshin ho 'Three methods of breaking balance' using datsuryoku,

tegatana & kaiten (10)

Previous syllabus as required (at the discretion of examining panel).

Randori: at the discretion of examining panel

or demonstration of an understanding of randori

or referee accreditation for candidates.

## 7<sup>th</sup> Dan

*Timescale:* 7 years consistent practice as 6<sup>th</sup> Dan.

Koryu dai Roku complete A + B + C + D + E + F + G (39)

Goshin ho complete (57)

Previous syllabus as required (at the discretion of examining panel).

Koryu dai San \* alternatively termed Goshin no Kata in the Japan Aikido Association syllabus.

Koryu dai Yon \* alternatively termed Nage no Kata in the Japan Aikido Association syllabus.

Randori no Kata \* alternatively termed Junanahon (basic 17) in the Japan Aikido Association syllabus.